

| Metro Boston | CRISIS NUMBER: | Coverage area: (includes surrounding area) |
|---|---------------------|--|
| Boston Emergency Services Team (BEST) | 800-981-HELP | Boston |
| Cambridge Hospital | 617-665-1560 | Cambridge |
| Edinburg Center | 800-540-5806 | Lexington |
| Riverside Crisis Team | 800-529-5077 | Norwood |
| South Shore Mental Health | 800-528-4890 | Quincy |
| Metro West | | |
| Community Healthlink, Inc | 800-977-5555 | Leominster |
| North Central Human Services | 800-379-9404 | Gardener |
| Harrington Memorial Hospital | 508-765-9771 x 2580 | Southbridge |
| UMASS Memorial Health Care | 508-856-3562 | Worcester |
| Advocates, Inc. | 800-640-5432 | Framingham |
| Blackstone Valley Emergency (Riverside MHC) | 800-294-4665 | Upton |
| Northern Mass | | |
| Eliot Mental Health Center | 800-988-1111 | Lynn, Everett, & Wakefield sites |
| Health & Education Services | 866-523-1216 | Lawrence & Salem |
| Health & Education Services | 800-281-3223 | Haverhill |
| Choate (Solomon Mental Health Center) | 800-830-5177 | Lowell |
| Southeastern Mass | | |
| Brockton Multi-Service Center (DMH) | 508-897-2100 | Brockton |
| Corrigan Mental Health Center (DMH) | 508-235-7200 | Fall River |
| Child and Family Services, Inc. | 877-996-3154 | New Bedford |
| Family Continuity Program (FCP) | 800-469-9888 | Plymouth |
| Taunton/Attleboro Emergency Services | 800-660-4300 | Norton |
| Crisis Intervention of Cape Cod | 800-322-1356 | Hyannis |

Western Mass

| Brien Center for Mental Health | 800-252-0227 | Pittsfield |
|----------------------------------|--------------|-------------|
| Brien Center for Mental Health | 413-664-4541 | North Adams |
| Clinical & Support Options, Inc. | 800-562-0112 | Greenfield |
| ServiceNET Emergency Services | 413-586-5555 | Northampton |
| Behavioral Health Networks | 413-733-6661 | Springfield |
| Carson Center for Human Services | 413-568-6386 | Westfield |

National Suicide Hotline Numbers

American Suicide Survival Line

1-888-SUICIDE

Youth Crisis Line (9 Line) 1-800-999-9999

Trevor Project

1-800-850-8078

For gay, lesbian, bisexual or transsexual youth www.trevorproject.com

Massachusetts Samaritans

Samaritans of Boston, Inc

617-247-0220 800-252-8336 (Teen Line) www.samaritansofboston.org

Samaritans of Suburban West, Inc

800-875-4500 877-SOS-TEEN (Teen Line) Samaritans of Merrimack Valley, Inc.

866-912-HOPE 888-SOS-TEEN (Teen Line) 978-688-6007 (Greater Lawrence)

Samaritans of Fall River/New Bedford, Inc.

508-673-3777 508-999-7267

Warmlines (definition: "a Warmline is less than a hotline, usually for emotional support and staffed by peers")

Edinburg Center Warmline

800-243-5836

Monday – Friday: 5 pm - 10 pmSaturday and Sunday: 1 pm - 10 pm

Metro Boston Recovery Learning Community Peer Warmline

877-PEER-LNE (733-7563) 4 pm – 8 pm Thursday, Friday and Saturday

South Shore

617-689-1050, 617-689-1051, M-F & Sun For the crisis line call 800-528-4890 or 617-774-6036

CASTLE 617-610-7907 SU-F, 7-11 pm

SMOC Warmline

5:30 pm – 9:30 pm Monday – Friday 1 pm – 4 pm Saturday and Sunday

This Warmline does not take incoming calls; calls are made by appointment only. To schedule a 15 minute appointment, call Mark Knowlton at 508-879-2250, ext. 168. Must reside in the Metro-West area.

SRLC Warmline

5:30 pm - 9:30 pm, 7 days a week

This Warmline does not take incoming calls; calls are made by appointment only. To schedule a 15 minute appointment, call Elaine Campbell at 508-880-8527, ext. 104. Initially serving Southeastern Mass residents only.